

## Central Administrative Services, A Vital Part of AMHD

Central Administrative Services (CAS), an integral part of the Adult Mental Health Division (AMHD), reviews, coordinates and monitors all AMHD fiscal and personnel actions. In doing so, CAS ensures conformance to AMHD's authorized expenditure plan and as departmental, state and federal expenditure and personnel requirements. Additionally, CAS is responsible for the development, implementation and coordination official and personnel policy and procedures for AMHD.



Left to Right: Carolyn Mueller, Jane Saclot, Leigh Tamura, Diana Ho, Nelson Ching, Edna Robinol, Rodolfo Magcalas

The CAS fiscal unit is responsible for preparing and coordinating biennium and supplemental budget requests and the annual expenditure plan.

CAS also provides assistance to contracted providers and supervisory and line staff whose fiscal actions do not conform to current division and department policies and procedures and helps identify appropriate corrective action. The Fiscal Unit processes and monitors the submission of requisitions and purchase orders, assists programs and line staff with purchasing and inventory actions, processes payments for purchase of service (POS) contracts, and conducts fiscal monitoring of POS contracts.

CAS's Personnel Unit coordinates and reviews personnel actions related to, but not limited to, proposed reorganizations, position establishment and reallocation, leave requests, recruitment, and employee/labor relations. The Personnel Unit also assists and advises program supervisors and division personnel on appropriate courses of action to ensure conformance to collective bargaining agreements, and department and state requirements. The unit maintains a current listing on the status of all authorized positions and all current personnel actions by organizational subdivision. Thanks for a great job CAS!

## Kau Kau Cafe` Participates in Taste of Honolulu

Kau Kau Cafe` participated in this year's Taste of Honolulu, an outdoor food festival featuring some of Hawai'i's best restaurants and chefs. Kau Kau Cafe` was one of twenty-five restaurants that served delicious dishes. Last year 46,000 residents and visitors enjoyed this popular celebration.

A vocational training program operated by Steadfast Housing Development Corporation, Kau Kau Cafe` welcomed this opportunity to show the community that people living with mental illness have excellent skills and abilities. The event was an opportunity to network with other restaurant participants and develop leads for future employment.

Taste of Honolulu was held on Friday June 20, Saturday June 21, and Sunday June 22 on the grounds of the Honolulu Hale.



Kau Kau Cafe` Cooking Team



Kau Kau Cafe` Staff



Sean Priester, Manager Kau Kau Cafe`



A Good Turnout at Kau Kau Cafe`'s Booth

From the Chief...

## Understanding the FY 2004/2005 AMHD Budget Opportunity and Accountability



Dr. Tom Hester, Chief AMHD

The FY04/05 biennium budget approved and submitted by the Governor and recently authorized by the Legislature, has significant implications for the AMHD funded mental health system. In particular, it provides the resources needed to continue to implement the requirements of the Community Plan that was ordered by the Federal District Court on January 23, 2003, and reinforces the improvements made at Hawaii State Hospital (HSH) as a result of the HSH Remedial Plan that was court-ordered on February 21, 2001. To assess the impact of the new biennium budget, it is important to understand AMHD's current FY03 budget. The AMHD budget is divided into three (3) basic categories.

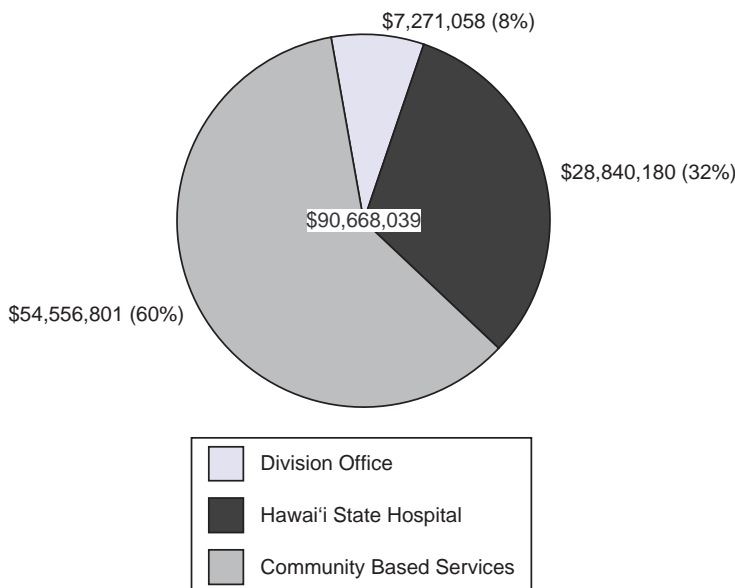
The first budget category is the division office (HTH 495), which includes costs for division staff, including the Access Center, and the legal and monitoring costs associated with the U.S. Department of Justice Settlement Agreement. Currently, this budget category appropriation includes funds for Child and Adolescent Mental Health Division, and Alcohol and Drug Abuse Division and totals \$17,376,887. AMHD's Administrative share is \$7,271,058.

The second budget category is Hawaii State Hospital (HTH 430), which is currently \$28,840,180. This amount does not include the estimated cost of the psychiatric hospital beds at Kahi Mohala, \$5,701,704 that have been used to transfer or divert patients from HSH or the contract with the University of Hawaii that supports PSR services, \$2,125,063 at HSH.

The third budget category covers Community Based Services (HTH 420) for both the state-operated CMHCs and contracted private providers. The current total budget in this category is \$54,556,801. This includes \$11,850,618 for state-operated CMHCs and \$42,706,183 for purchase for service providers (POS).

Combining these three (3) categories has resulted in a total FY03 AMHD budget of \$90,668,039. The distribution of this budget between the division, HSH, and the community in the current year is illustrated in the following chart. The FY04/05 biennium budget provides support for these three (3) categories as follows:

Figure 1. AMHD Budget Fiscal Year 2003



Division Office (HTH 495): Budget increase of \$607,836 in FY04 and \$682,246 in FY05 resulting in a total budget of \$7,878,894 in FY04 and \$7,953,304 in FY05. The increase will fund 9.5 new temporary positions and related operating costs. This budget increase along with redesignating the use of positions and funds from the FY03 budget will permit AMHD to establish all the division level positions required by the Community Plan.

Hawaii State Hospital (HTH 430): Budget increase of \$14,552,561 in FY04 and \$13,795,699 in FY05. This includes 72 new temporary positions and additional funds for operating the Guensberg Building. This increase also includes the cost of the Kahi Mohala replacement beds and the contract for PSR services. The new HSH budget is \$43,392,741 in FY04 and \$42,635,879 in FY05.

Community Based Services (HTH 420): CMHC budget increase of \$4,691,226 in FY04 and \$5,057,830 in FY05. This adds 79 new temporary positions that include a case management coordinator, a forensic coordinator, and a MI/SA coordinator for each of the

eight (8) CMHCs as required in the Community Plan. It also increases case management positions and clubhouse positions. The new CMHC budget for FY04 is \$16,541,844 and for FY05 is \$16,908,448.

The purchase of service budget provided an additional \$1,858,197 for continued implementation of the five (5) core community services in each of the four (4) counties in accordance with the Community Plan. The five (5) core services are: Case Management, Community Housing, Psychosocial Rehabilitation Services, Treatment Services, and Crisis Services. These services will be configured to address the needs to the target population as defined in the Community Plan. The POS budget for FY04 is \$37,177,574 and for FY05 is \$37,177,574.

The total Community budget for FY04 is \$53,719,418 and for FY05 is \$54,086,022. The total AMHD budget for FY04 is \$104,991,053 and for FY05 is \$104,675,205.

The accompanying charts show the distribution of these budgets between the Division, HSH and the Community for FY04 and FY05.

These FY04/05 charts seem to indicate that the portion of community funding has reduced when compared to the FY03 chart. However, much of this change is due to a onetime realignment of the budgets for the Kahi Mohala beds and the PSR contract from the community budget to the HSH budget.

I am very grateful that the Governor and the Legislature has provided this level of support to implement Community Plan requirements over the next two (2) fiscal years. I am also acutely aware that our accountability for these funds is critical. Accountability will be achieved in the following ways:

- 1) Ensure that our service standards, definition Request for Proposals, and contracts are reflective of national standards;
- 2) Collect utilization management data based on national clinical standards so that any service gaps or excess are identified;
- 3) Use fidelity monitoring where available to ensure that services are delivered faithfully to division and national standards.
- 4) Collect data regarding the results of our services. This includes information regarding key outcomes such as service satisfaction, rehospitalization rates, employment and arrest rates;
- 5) Implement the revised planning process as required in the Community Plan. This will provide a planning process that has consistent statewide standards, meaningful local input, and data based recommendations. AMHD Service Directors have released statewide service plans for each of the five (5) core services areas. These plans were received by the four (4) Service Area Administrators who worked with their Service Area Boards to produce county plans that are called Comprehensive Integrated Service Area Plans (CISAPs). Data collected by AMHD Utilization Management will be used to update the CISAPs in late summer. These revised CISAPs will form the basis of any requested changes to the FY05 AMHD budget.
- 6) Ensure that we make every effort based on our utilization management reports to reallocate resources before requesting new resources; and
- 7) Make every effort to increase third party revenue collections.

If we use our new resources wisely by following these seven measures, we will improve the lives of the people we serve, meet the requirements of the Omnibus Plan, and demonstrate to the Legislature and the taxpayers of Hawaii a new level of confidence and accountability.

Figure 2. AMHD Budget Fiscal Year 2004

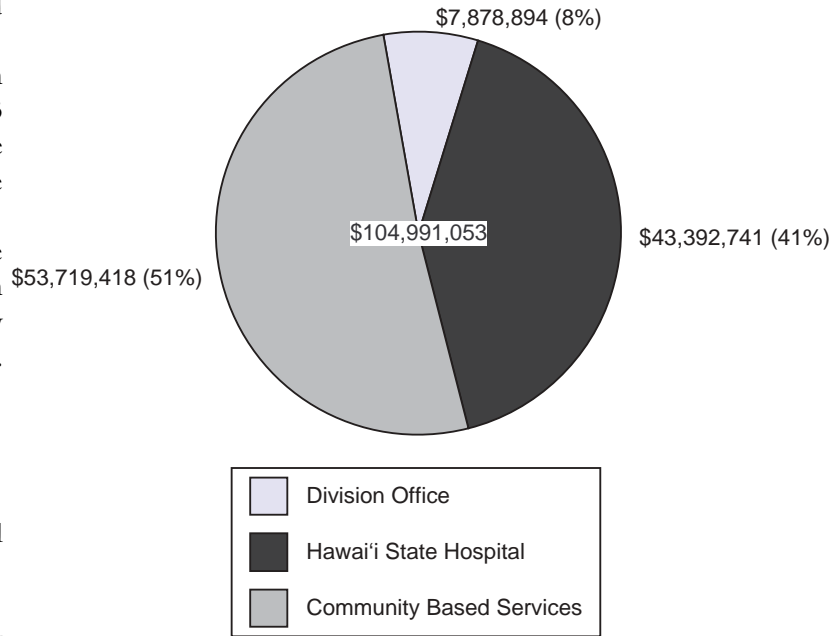
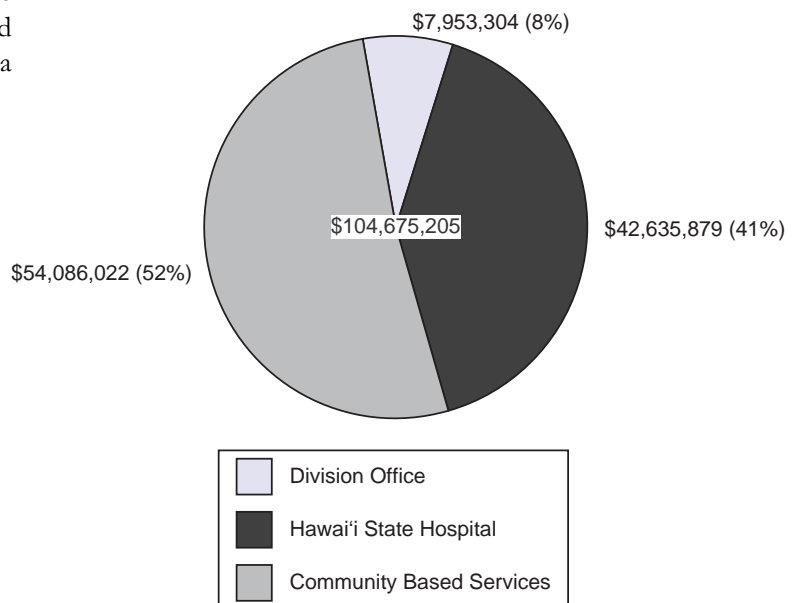


Figure 3. AMHD Budget Fiscal Year 2005





Spotlight on

**Poe Sua'ava, Member  
Hawai'i State Council on Mental Health**

Poe Sua'ava, III is currently completing an internship at Waianae Coast Community Mental Health Center. He is in the Ph.D. program at Union Institute and University, School of Professional Psychology. His professional interests are geared primarily toward cultural and heritage preservation, as well as sex offender management, anger management and interdisciplinary approaches to the study of health and psychology. He advises the Waianae High School Samoan Club and is a Mental Health Therapist for *Alakai na Keiki* in Honolulu.

Poe is serving his first term on the Hawai'i State Council for Mental Health. He is particularly interested in mental health service delivery parity. He wants to address the inequities in access to mental health services, especially in rural communities. Poe's primary aim in being involved with the State Council is to ensure that needed mental health services and programs reach every eligible person in need.

Poe and his wife have five children. His hobbies include carpentry, gardening, running and fishing. Thank you, Poe, for your hard work, dedication and inspiration!



Poe Sua'ava



**Steadfast Housing Hosts Appreciation Dinner for Employers**

Steadfast Housing Development Corporation (SHDC) held its First Annual Employer Appreciation Dinner at Meritage Restaurant on June 3, 2003. Steadfast Housing, a private nonprofit corporation, was founded in 1989. The corporation's objective is to provide employment opportunities, housing and support services to consumers throughout the state of Hawai'i. Funds provided by the Hawai'i Department of Health launched the Supported Employment Program on O'ahu in 2000. A great time was had by all!



Melissa Pedigo, Nicole Alley, Jim Quimby



Marvin Awaya, Jim Durse



**Recipients of SHDC  
Certificate of Appreciation**

- Geri Ajifu, Fleetwashers**
- Lester Mau, Warehouse Demo Services**
- Jim Durse, Na Hale Holo**
- Ruth McKeown, Mental Health Services Coordinator**
- Sean Odani, Norrell Services**
- Sean Priestler, Kau Kau Cafe`**



Marvin Awaya, Geri Ajifu



Pamela Lambert, Ruth McKeown, Aliman Sears

## Multicultural Services Update

The Multicultural Services initiative is underway, and exciting developments are occurring! A culturally competent system of care is critical for ensuring that mental health services are accessible, welcoming, and appropriate for all populations throughout Hawaii.

A group of Native Hawaiian mental health professionals, consumers, and community leaders are meeting regularly to discuss innovative ways for ensuring that mental health services are provided in culturally appropriate and competent ways to Native Hawaiian communities throughout the state. This group has also group worked in collaboration with Adult Mental Health Division (AMHD) staff to draft a job description for the newly created position of Director of Multicultural Services. This position will report directly to Thomas Hester, AMHD, Chief and will be responsible for facilitating the development, implementation, coordination and monitoring of cultural competency within AMHD. Look for a classified ad in the Honolulu Advertiser for more information. We are hoping to list the position soon.

The group also drafted a policy regarding the formation of the Multicultural Services Advisory Committee. This Committee will be comprised of consumers, family members, community leaders, and clinicians that are representative of Hawaii's culturally diverse population. Under the guidance of the AMHD Multicultural Services Director, the Committee will advise the AMHD Chief on policy and programming that leads to improved services for culturally diverse consumers living with mental illnesses. The Committee will also work in collaboration with the AMHD Multicultural Services Director to develop a multi-year strategic plan for implementing cultural competency throughout the AMHD system. If you are interested in participating on this Committee, please contact Debbie Altschul (808-539-3943). We are gathering a list of folks who are interested in the initiative to pass along to the new Director of Multicultural Services.

Cultural competency training is occurring throughout our system. We have provided introductory cultural competency training at the January AMHD Quarterly Provider Meeting, the Hawaii State Hospital (HSH), the Community Psychosocial Rehabilitation (PSR) Staff Training, and the Jail Diversion Project on the Big Island. We presented a cultural competency session for the Peer Specialist Training held in July, and are planning a half-day training at HSH that will be open to all members of Hawaii's system of Care. Call 832-3100 or 1-800-753-6879 from the neighbor islands.

### Sixth In Series of 12 Step Paintings



#### READINESS

We're entirely ready to have God remove all these defects of character.



Charlene Ryerson

### Stop the Stigma Video Production

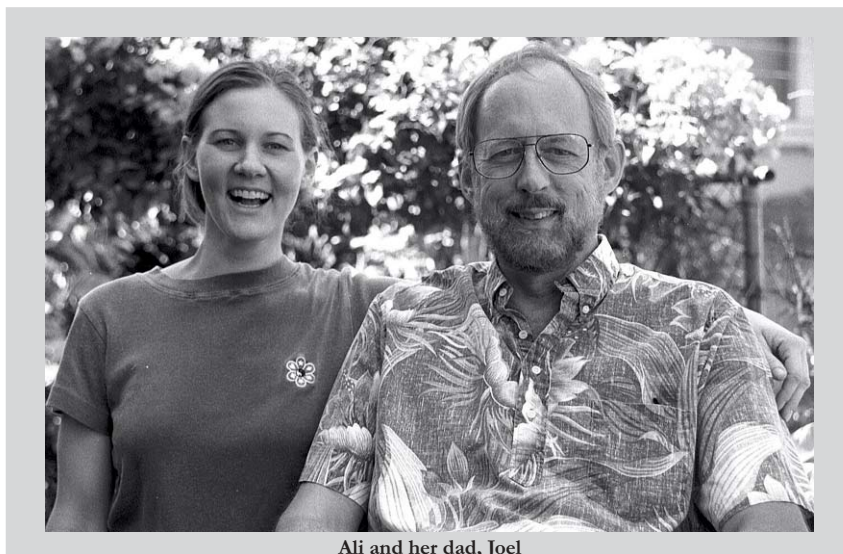
#### Volunteer Search (No experience needed!)

Following the success of the Abilities 2003 art show, the Adult Mental Health Division would like to support the efforts of Producer Charlene Ryerson of Paradise Praise to produce a documentary video on the artists featured in the show.

Charlene is seeking volunteers who would like to be a part of the production team. Training and certification in camera and sound system operation, lighting, editing, and directing will be through 'Olelo. If you are interested in this great opportunity to learn about film making please contact Philippe Gross at 539-3958 (e-mail [grossphi@hawaii.edu](mailto:grossphi@hawaii.edu)).



## A tribute to Ali Paulmino, Recipient of the Kathleen Rhodes Memorial Award



Ali and her dad, Joel

The jurors of the May art exhibit Abilities 2003 selected Ali (Merchant) Paulmino's untitled tempera painting for the Kathleen Rhodes Memorial Award. *Honolulu Advertiser* Art critique Victoria Gail-White described the painting in these perceptive words: "In the work, whirls of pink and white thinly veil an underpainted vortex of illusory words that exist next to a raging black and orange flame." Ali's brush strokes convey a wide range of emotions, suggesting a life rich in tumultuous inner experiences.

Ali's accompanying statement adds further meaning to her work:

*"Throughout my life, I've struggled with emotional instability, ineffective communication skills, and feelings of worthlessness, anxiety, and depression. In 1997, my psychologist helped me discover my creative side through sand-play therapy and some activities called Playwork. Through it, I found a path for self-expression which helps improve benefits I gain in therapy. Practicing art has definitely improved the quality of my life. Art has become one of the few ways I can express myself without fear or to experience relaxation and serenity.*

*I've learned that self-acceptance and happiness come through working with my disability, not against it. It is hard enough to learn this alone, but still harder to reach out for help. The stigma of mental illness makes life even more difficult for disabled people. By overcoming my shame, I hope to change people's understanding and attitudes toward mental illness. For me, participating in this show is part of this process."*

Ali was in Florida at the time of the opening reception and her step-mother accepted her Award on her behalf. Ali thanked us with these humble words: "Thank you so much for everything, and for accepting my artwork. I feel so honored!!!"

Sadly, Ali's family and friends received news from Florida shortly thereafter that Ali ended her own life. Joel Merchant, Ali's father, agreed to share some of his thoughts with us:

*"This news, in the best of circumstances, should pass between people in close conversation, rather than by phone or e-mail or in an article. That way, people can exchange a look, a touch, comforting words. Ali was a patient at the Women's Institute for Integrative Therapy in Florida, an organization that focuses on treatment for women with post-traumatic stress disorders (PTSD). She expected to return home this fall.*

*In one of our conversations following the art show, she talked with us about the January 2003 Time magazine feature issue on Mind and Body. Articles discussed our susceptibility to various disorders, the "power of mood," what makes us happy, mental and physical health. The feature emphasized that there is "still a lot stigma attached to mental illness" and that "if people were more concerned with others, there would be less mental illness." Ali reminded us of the importance of awareness, words and actions. Pay attention to each other; listen to each other; reach out to others; care for each other.*

*Ali suffered from various problems arising from PTSD, including eating disorder and bipolar disorder and spent years in chronic pain. At the end, Ali chose knowingly to bring her own life to an end. This young person, who spent years in chronic pain, has found peace, and now, for awhile, the pain is ours.*

*Saying those words - telling you this - is difficult, yes, because of the pain of the loss, but also because there's a certain disbelief. Much time and mixed emotions will pass before her death is real. The phone will ring many times before we realize the call no longer brings Ali's voice and news of adventure. Ali's friends comfort and encourage us and each other. To all of us, Ali is a constant presence - an idea which delights us as much as it troubles us now that she has died."*

### About the Kathleen Rhodes Memorial Award by Randolph C. Hack, Acting Director Office of Consumer Affairs:



Untitled by Ali Paulmino

The Kathleen G. Rhodes award is a perpetual award in memory of Kathy Rhodes, an outstanding, caring, and compassionate mental health worker who had mental illness. When funding at her employer, United Self-Help was cut in 1995, rather than face unemployment due to layoff, she chose to take her own life. This award is made annually by our jurors to recognize excellence in visual media, so that her name will always be recognized and cherished in peoples' hearts.

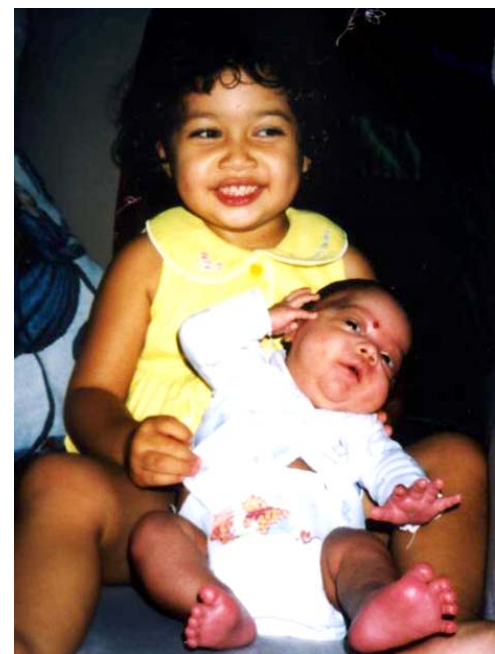
In honor of those who have died and those who still suffer from mental illnesses, we rededicate the Kathleen Rhodes Memorial Award and hope that people can continue to express themselves through the arts. We will continue to have this award next year and for the foreseeable future. It is indeed tragic that the first recipient took her own life, but our resolve is firm. The award will continue to offer hope to those who can and do recover from mental illness as well as honor those who do not.



### Friendship House in Kaua'i Holds Fundraiser for Staff Member

Friendship House Club Members held a spaghetti dinner to raise funds for staff member Anson Lardizibal and his wife Mary, whose son, Christian, was born four months prematurely. Weighing only one and a half pounds, Christian was hospitalized at Kap'iolani Medical Center for Women and Children for over three months. The clubhouse members were happy that the money they raised helped pay for frequent flights to Oahu allowing the Lardizibal's to be with their son.

The clubhouse wishes to thank all those who contributed time, supplies, and hard work to make the dinner a huge success!



Tia Marese and Christian



Great Pasta Al Dente !



Music and Entertainment

## RFP Update...

Providers have been selected for the Community Based Intervention and Consumer Resource Funds, Assertive Community Treatment, and Transportation services. New RFPs have been published for Specialized Residential Services - Special Populations, Temporary (Locum Tenens) Psychiatrists and Mental Health Education services and are in various phases of the procurement process. The Contracts Department continues to work with the Service Directors and the Service Area Administrators on the master plan for RFIs and RFPs for the present fiscal year. If you are not on the RFP notification list and wish to be placed on the list, please call Vivian or Enid at 733-4489.

## Employment Update...

### Clubhouse Programs

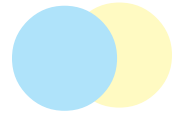
- Waipahu Aloha Clubhouse reports 117 active members, 12 members were employed (10%). Of those 12, all 12 members were employed part-time in positions that were less than 20 hours per week.
- Ko'olau Clubhouse reports 94 active members, 25 members were employed (27%). Of those 25, 1 member worked full time. (i.e., 40 hours per week). 3 members worked 20 or more hours per week. The remaining 21 were employed in part-time positions that were less than 20 hours per week.
- Honolulu Clubhouse reports 139 active members, 28 members were employed (20%). Of those 28, all 28 members worked part-time in positions that were less than 20 hours per week.
- Friendship House reports 67 active members, 29 members were employed (43%). Of those 29, 5 members worked full time. (i.e., 40 hours per week). 16 additional members worked 20 or more hours per week. The remaining 8 members worked part-time in positions that were less than 20 hours per week.
- Hui Hana Pono Waianae reports 67 active members, 15 members were employed (22%) Of those 15, 6 worked full time (i.e., 40 hours per week). The remaining 9 members were employed in part-time positions that were less than 20 hours per week.
- Hale Oluea Hilo reports 106 active members. 24 members were employed (23%) Of those 24, 2 worked full time (i.e., 40 hours per week). The remaining 22 members were employed in part-time positions that were less than 20 hours per week.
- House of Success Maui reports 28 active members, 5 members were employed (18%). Of those 5, all 5 members were employed part-time in positions that were less than 20 hours per week.

### Supported Employment Program

- Good news! We now have 278 consumer job placements, compared to 267 in the month of June. The retention rate was 59%.

### Consumer Survey

- As of June 30, 2003, at State Operated Community Mental Health Centers, 2260 consumers completed a quality of life interview within the previous 7 months. Of the 2224 consumers who responded to the employment questions, 421 (19%) reported being employed (145 full-time and 276 part-time).



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We're on the Web!  
See us at:

<http://amh.health.state.hi.us>

