

## CURRICULUM VITAE

*Patrick K. Uchigakiuchi, Ph.D.*

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### **EDUCATION**

- 2001            Ph.D., Clinical Psychology, University of Hawai'i at Manoa, APA Accredited Program
- 1994            M.A., Clinical Psychology, University of Hawai'i at Manoa
- 1986            M.A., English Literature, University of Hawai'i at Manoa
- 1972            B.Ed., University of Hawai'i at Manoa

### **PROFESSIONAL EXPERIENCE**

#### **Teaching Experience/Clinical Supervision**

Chaminade University of Honolulu. Undergraduate courses in General Psychology, Counseling Theories, Cross-Cultural Psychology, Senior Seminar for Psychology Majors, and First Year Experience Course. Graduate courses in Issues and Ethics in Professional Counseling, Counseling Theories, Practicum and Internship, 1998 to present.

Chaminade University of Honolulu. Supervised practicum students in the Master of Science in Counseling Psychology Practicum sequence, School Counseling emphasis, 1998 to present.

YMCA of Honolulu, Kalihi Branch. Supervised outreach counselors in alcohol and substance abuse prevention program, 1999 to present.

#### **Clinical Experience**

Post-doctoral Fellowship, Tripler Army Medical Center, Honolulu, Hawai'i, 2003-2004 in Child Clinical Psychology, APA accredited post-doctoral training program. Responsibilities included assessing, diagnosing, and treating children with psychiatric disorders, conducting original research, consulting with an elementary school on clinical issues among students, and working in the Pediatric Department in the hospital providing behavioral medicine services to pediatric patients.

Consultant to the Hawai'i State Department of Education, Primary School Adjustment Program (PSAP), at six elementary schools on the island of O'ahu, 2001-2003.

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Clinical Psychology Internship, Kapi`olani Counseling Center, 1996-1997, APA accredited training program. Responsibilities included the assessment (behavioral assessments and formal psychological testing), diagnosis, and treatment of child and adult behavior problems.

Clinical Psychology Practicum, Kapi`olani Counseling Center, 1994-1995. Responsibilities included the assessment (behavioral assessments and formal psychological testing), diagnosis, and treatment of child and adult behavior problems.

Clinical Psychology Practicum, Department of Education, State of Hawai`i, 1990-1991. Responsibilities included the assessment (behavioral assessments and formal psychological testing) and treatment of child behavior problems. Collaborated assessments and treatment programs with school counselors and school district diagnostic teams.

Clinical Psychology Practicum, Hawai`i State Hospital, 1989-1990. Responsibilities included the assessment (behavioral and formal psychological testing) and treatment of severe and chronic adult psychiatric disorders.

### **Related Work Experience**

Consultant, Kalihi YMCA Outreach Program, 1999-present. Clinical consultant and grant writer for community-based substance abuse prevention and treatment programs.

Project Coordinator, Health Careers Opportunity Program in Psychology, Department of Psychology, University of Hawai`i at Manoa, 1992-1994. Program coordinator responsible for recruiting, academic and career counseling, and providing enrichment programs for minority students interesting in pursuing careers in clinical psychology.

Group Facilitator, Kids First Program, The Judiciary, State of Hawai`i, 1996-1997. Facilitated groups designed to provide psychoeducation to children and parents experiencing divorce.

Family mediator, Neighborhood Justice Center, mentor for new trainees, 1982-1988. Mediated custody and visitation for children of parents going through divorce.

Counselor, Hospice Hawai`i, 1987-1990. Provided supportive counseling for individuals diagnosed with a terminal illness.

Elementary School Teacher, Department of Education, State of Hawai`i, 1972-1973. Assigned to teach 6<sup>th</sup> grade at Maili Elementary School.

Administrator and counselor, After-school program for disadvantaged children, Kalihi Kai Elementary School, Department of Education, State of Hawai`i, 1971-1972. Supervised and counseled disadvantaged children in an after-school program.

### **Professional Certificates and Workshops**

Psychopharmacology for Childhood Psychiatric Disorders, 1-year training program at Tripler

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Army Medical Center, Department of Psychiatry, 2003-2004.

Psychophysiology, 3-credit course through Argosy University at Tripler Army Medical Center, Department of Psychology, 2003-2004.

Neurobiological bases for behavior problems, 3-credit course through Argosy University at Tripler Army Medical Center, Department of Psychology, 2003-2004.

Assessment and Treatment of Bipolar Disorder in Children. American Psychological Association Annual Convention, 2004.

Neurological Assessment of Learning Disabilities in Children. American Psychological Association Annual Convention, 2004.

Ethical Issues in Psychological Practice. Two-day workshop sponsored by Department of Psychology, Tripler Army Medical Center, 2003.

Motivational Interviewing: Stages of Change. William Porchaska, Hawai'i Psychological Association, 2003.

Assessment and Treatment of Attention-deficit/Hyperactivity Disorder in Children, American Psychological Association Annual Convention, 2001.

Clinical Interventions for Adolescent Behavior Problems. American Psychological Association Annual Convention, 2001.

Cognitive Therapy with Challenging Patients: An Intensive clinical Training Workshop (June, 1997; Honolulu, Hawaii). Dr. Judith Beck, Institute for Behavioral Healthcare.

Interdisciplinary Specialization in Developmental Disabilities Certificate, Hawai'i University Affiliated Program for Developmental Disabilities, University of Hawai'i at Manoa, 1995.

Neuropsychological Assessment of Children (July, 1991). Dr. Byron Rourke, Straub Clinic and Hospital, Honolulu, HI.

Enviro-Behavioral Approaches to Assessment and Interventions with Persons with Severe Disabilities: A Transdisciplinary Model (February 8 & 15, 1991). Dr. Daniel Overbeck, Hawai'i University Affiliated Program.

### **Research Experience**

Principal Investigator, U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, studying the effectiveness of an alcohol and substance abuse prevention program for young adolescent males and females of Hawaiian, Samoan, Filipino, and Micronesian descent. Chaminade University of Honolulu, YMCA of Honolulu, 2003-2006.

Principal Investigator, U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration research grant, studying the effectiveness of an alcohol and substance abuse prevention program for young adolescent males of Hawaiian and Filipino descent. Chaminade University of Honolulu, YMCA of Honolulu, 2002-2003.

Principal Investigator, U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration research grant, studying the effectiveness of an alcohol and substance abuse prevention program for young adolescent females of Hawaiian, Samoan, and Filipino descent. Chaminade University of Honolulu, YMCA of Honolulu, 1999-2002.

Research assistant, Adult Mental Health Division, Department of Health, State of Hawai'i. Assisted in program evaluation of adult mental health services provided by State of Hawai'i Community Mental Health Centers, research supervised by Dr. A. Michael Wylie.

Research assistant, study to standardize and norm computerized neurocognitive tasks among a culturally diverse population, research supervised by Dr. Mark D. Rapport.

Research assistant, study on psychological problems and alcohol use among adolescents and young adults in the Marshall Islands, American Samoa, and Hawaii, research supervised by Dr. Anthony J. Marsella.

Research assistant, study on the effects of naturally occurring stressors on the cardiovascular system, research supervised by Dr. Stephen N. Haynes, University of Hawai'i at Manoa.

Research assistant, Relationship between coping processes and cardiovascular reactivity during a laboratory stressor, research supervised by Dr. Stephen N. Haynes, University of Hawai'i at Manoa.

Research assistant, Relationship between coping processes and cardiovascular reactivity during a naturally occurring stressor, research supervised by Dr. Stephen N. Haynes, University of Hawai'i at Manoa.

Research assistant, study investigating the effects of teacher questions during reading and writing instruction on the cognitive and linguistic skills and information sources in children, research by Dr. Sheida White, Center for Development of Early Education, Kamehameha Schools.

Research assistant, study identifying cognitive components that contributed to the manifestation of problem-solving impairment in chronic alcoholics, research supervised by Dr. John G. Carlson, University of Hawai'i at Manoa.

Research assistant, study of educational formats and their role in eliciting student participation among varying ethnic populations, research supervised by Dr. Roland G. Tharp, University of Hawai'i at Manoa.

## **PUBLICATIONS**

Haynes, S. N., Uchigakiuchi, P., Meyer, K., Orimoto, L., & Blaine, D. (1993). Functional analytic causal models and the design of treatment programs: Concepts and clinical applications with childhood behavior problems. European Journal of Psychological Assessment, 9, 189-205.

Haynes, S. N., & Uchigakiuchi, P. (1993). Incorporating personality trait measures in behavioral assessment: Nuts in a fruitcake or raisins in a mai tai? Behavior Modification, 17, 72-91.

Carlson, J. G., Muraoka, M., Uchino, B., & Uchigakiuchi, P. (1989). A model for EMG relaxation training. Biofeedback and Self-Regulation, 14, p. 132.

## **PAPERS PRESENTED**

Uchigakiuchi, P. (2003). Cultural competency: Research and application in counseling education Programs. Comparative & Internataional Educational Society, Western Regional Conference, Honolulu, Hawai`i.

Uchigakiuchi, P., Kim, R., & Fryxell, D. (2001). Culturally relevant substance abuse prevention Programming for adolescent females in Hawai`i. Hawai`i Psychological Association Convention, 2001.

Uchigakiuchi, P., Fryxell, D., & Bush, M. (2001). Kokua Mau Lima Youth Mentoring Program. Panel Presentation at the Youth Mentoring: Lessons & Challenges Conference sponsored by the State of Hawai`i Departments of Health and Human Services.

Wylie, M. A., Kaulukukui, M., Uchigakiuchi, P., & Peel, D. Psychiatric Diagnosis of Consumers Admitted to Hawai`i's Community Mental health Centers in Urban and Rural Areas. National Conference on Mental Health Statistics, Washington, D.C., May, 1996.

Uchigakiuchi, P., Jorkan, E., Binejal, J., Satele, K., Gaughen, D., Gaughen, K., Vanaman, L., Nishimura, S., & Marsella, A. Alcohol use among Marshallese and American Samoan young adults. HPA Annual Convention, 1995.

Rapport, M., Loo, S., Shore, G., Chung, K. M., Uchigakiuchi, P. & Goya, S. Developmental psychopathology: Behavior, attention span, and fearfulness in Hawaii school children. HPA Annual Convention, 1995.

Crabbe, K., and Uchigakiuchi, P. Building Blocks of Ho`oponopono: Past, Present, & Future. HPA Annual Convention, 1995.

Crabbe, K., and Uchigakiuchi, P. Traditional Hawaiian healing practices: Implications for psychological intervention and clinical training. HPA Annual Convention, 1994.

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Uchigakiuchi, P. (Co-chair, symposium on Stress and Coping) Coping with stress. HPA Annual Convention, 1993.

Haynes, S. N., and Uchigakiuchi, P. Psychological behaviorism: Causal, courtship or commitment. Panel discussion at the 27th Annual AABT Convention, Atlanta, 1993.

O'Brien, W., Haynes, S. N., Uchigakiuchi, P., Meyer, K., and Orimoto, L. Using functional analytic causal modeling to design behavioral treatments for psychophysiological disorders. AABT Annual Convention, Boston, 1992.

Waiialae, K. I., Grigg, R. E., Uchigakiuchi, P., Treverrow, T., and Haynes, S. N. Cardiovascular reactivity and recovery from physical and cognitive stressors. 26th Annual AABT Convention, Boston, 1992.

Uchigakiuchi, P. Coping appraisal and cardiovascular reactivity. HPA Annual Convention, Honolulu, 1991.

Meyer, K., Waiialae, K., Uchigakiuchi, P., Orimoto, L., Kim, K., Morelli, P., Johnson, L., Wieffering, S., Felix, R., and Haynes, S. N. Reduction of cardiovascular hyperreactivity in persons at risk for hypertension. HPA Annual Convention, Honolulu, 1991.

Waiialae, K., Uchigakiuchi, P. Stress, coping, and cardiovascular reactivity in a laboratory setting. HPA Annual Convention, Honolulu, 1991.

Uchigakiuchi, P., Waiialae, K., and Haynes, S. N. Coping, appraisal, and cardiovascular reactivity during a naturally occurring stressor. HPA Annual Convention, Honolulu, 1991.

Haynes, S. N., Meyer, K., Uchigakiuchi, P., and Orimoto, L. Functional analytic causal models: Systematizing treatment decisions in behavior therapy. 24th Annual AABT Convention, San Francisco, 1990.

Haynes, S. N., Uchigakiuchi, P., Meyer, K., and Orimoto, L. Functional analytic causal models: Integrating research and conceptual issues into clinical practice. 24th Annual AABT Convention, San Francisco, 1990.

Tharp, R., Yamauchi, L., & Uchigakiuchi, P. (1989). Ethnicity and instructional style: Student preferences at the University of Hawai'i. Paper presented at the HPA Annual Convention, Honolulu, Hawai'i.

Tharp, R., Yamauchi, L., & Uchigakiuchi, P. (1988). Ethnicity and instructional style: Student preferences at the University of Hawai'i. Paper presented at the Hawai'i Educational Research Association, Honolulu, Hawai'i.

## **GRANTS**

Uchigakiuchi, P. (2006). American Psychological Association, Office of Ethnic Minority Affairs, \$6,500, "Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions."

Uchigakiuchi, P. (2003). U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention, \$1,050,000, 2003-2006 Alcohol and substance abuse prevention program for high risk adolescent boys and girls of Hawaiian, Samoan, Filipino, and Micronesian descent.

Uchigakiuchi, P., & Fryxell, D. (2002). U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention, \$350,000, 2002-2003. Alcohol and substance abuse prevention program for high risk adolescent boys of Hawaiian and Filipino descent.

Uchigakiuchi, P., Kim, R. J., & Fryxell, D. (1999). U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention, \$1,146,000, 1999-2002. Alcohol and substance abuse prevention program for high risk adolescent girls of Hawaiian, Samoan, and Filipino descent.

Kim, U., Uchigakiuchi, P., & Chun, M. U.S. Department of Health and Human Services, \$567,398, 1994-1997. Clinical Psychology Training for Disadvantaged Students. Designed to provide enrichment activities for students from under-represented populations in the field of clinical psychology.

Haynes, S. N., Uchigakiuchi, P., Denney, C., Meyer, K., & Nunokawa, W. NIMH, \$48,000, 1993-1994. Clinical training of minority students in research and treatment of minority students in research and treatment of severe mental disorders. Designed to provide support for minority students to study research, assessment, and treatment of adults with severe mental disorders.

## **TECHNICAL AND RESEARCH REPORTS**

Wylie, A. M., and Uchigakiuchi, P. Hawai'i State Department of Health, Adult Mental Health Division. (1996). 1996 Program Evaluation: April, May, June, 1996, Fourth Quarter (FY 1996). (Technical Report #960701). Honolulu, HI: Author.

Wylie, A. M., and Uchigakiuchi, P. Hawai'i State Department of Health, Adult Mental Health Division. (1996). 1996 Program Evaluation: January, February, March, 1996, Third Quarter (FY 1996). (Technical Report #960502). Honolulu, HI: Author.

Wylie, A. M., and Uchigakiuchi, P. Hawai'i State Department of Health, Adult Mental Health Division. (1996). 1996 Program Evaluation: October, November, December, 1995, Second Quarter (FY 1996). (Technical Report #960201). Honolulu, HI: Author.

Wylie, A. M., and Uchigakiuchi, P. (1996). Trends in Caseload at Hawai'i's Community Mental

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Health Centers: An Analysis from July 1, 1993, through March 31, 1996 (State of Hawaii Department of Health, Research and Evaluation, Adult Mental Health Division).

Wylie, A. M., and Uchigakiuchi, P. (1996). Diagnostic Profile of Consumers Served During Fiscal Year 1995 (State of Hawai`i Department of Health, Research and Evaluation, Adult Mental Health Division).

Uchigakiuchi, P. (1995). Kalihi-Palama Community Mental Health Center: Employee Satisfaction Survey (State of Hawai`i Department of Health, Research and Evaluation, Adult Mental Health Division).

### **AWARDS**

American Psychological Association, Office of Ethnic Minority Affairs, Promoting Psychological Research and Training on Health Disparities issues at Ethnic Minority Serving Institutions grant awardee, 2006.

### **MEMBERSHIP IN PROFESSIONAL SOCIETIES**

American Psychological Association

Association for Psychological Science

Asian American Psychological Association

Society for Research in Child Development

Hawaii Psychological Association (Board member, 2002-2003; HPA Listserv Manager, 2005-present)